



NEW HAMPSHIRE  
**DHHS**  
DEPARTMENT OF  
**HEALTH & HUMAN SERVICES**

# **Philbrook Adult Transitional Housing (PATH) Presented to House Finance Division III**

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**March 8, 2023**

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## Agenda

1. Mission & Vision
2. Background & Scope of Services
3. Delivery System, Benchmarks, & Staffing
4. Clients Served & Summary
5. Key Achievements & Challenges



## Mission & Vision



### Mission

*To demonstrate care and compassion for citizens with mental illness by aiding them in integrating back to their communities, whilst offering the least restrictive environment possible.*

### Vision

*The PATH Center will become a model-cell of community integration for citizens with mental illness across the State of New Hampshire, and the country at large, improving the progression of individuals from acute care to community living.*

## Background

- Funds for transitional housing were appropriated as a part of HB4 in the 2020/2021 biennium.
- The department used a portion of those funds to establish Philbrook Adult Transitional Housing (PATH), a 16 bed transitional housing facility.
- PATH opened in September of 2020.
- PATH serves as an active discharge location for patients from New Hampshire Hospital whom are stable and in need of safe and affordable housing.

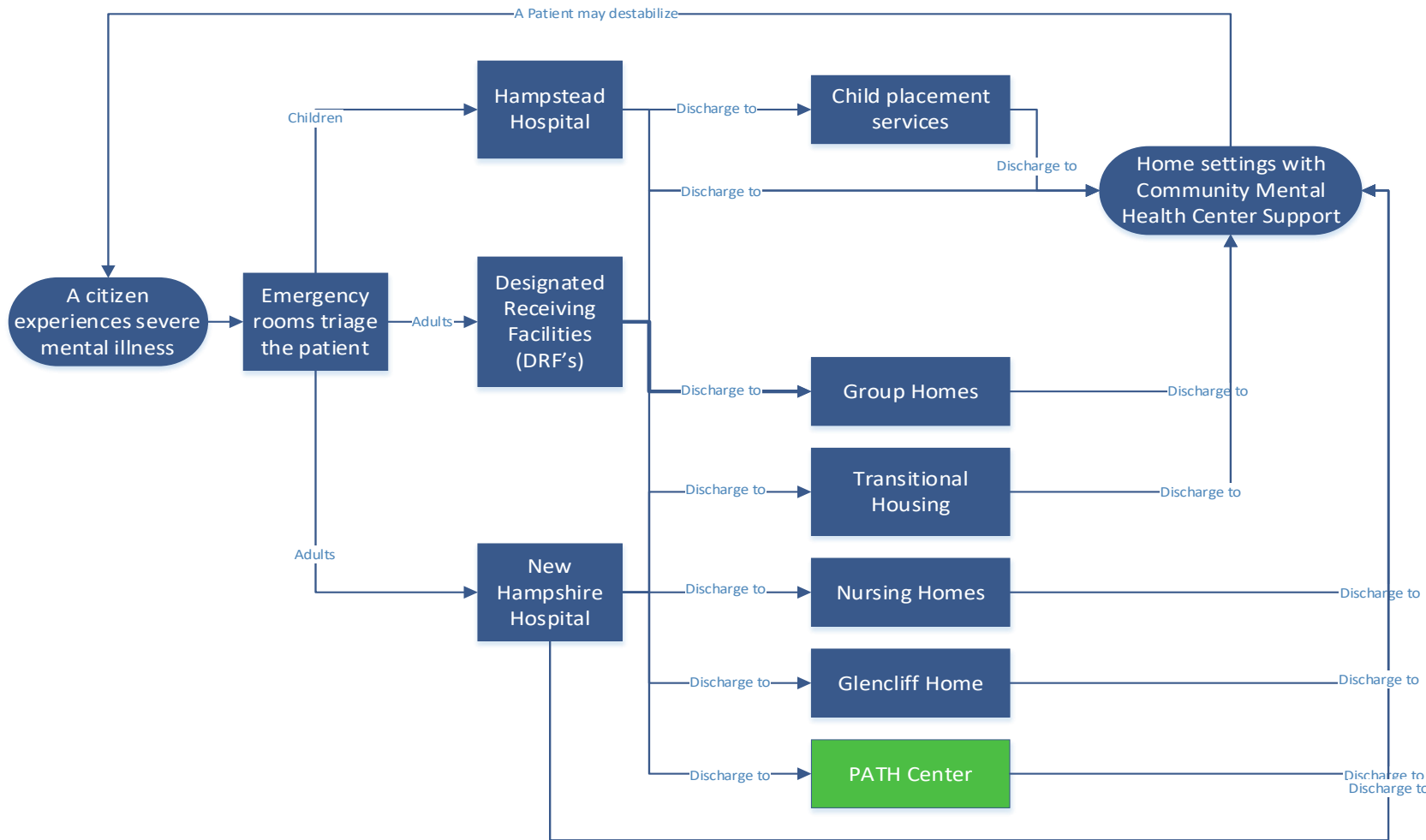
Accounting Units

Activity-Accounting Unit	Accounting Unit Title	Division	Bureau	Budget Book Page #	Budget Briefing Book Page #
9400-6096	Philbrook Community Residence	NHH	NHH	1054	2

**Scope**

What PATH Does	What PATH Does not do
Transitional housing	Inpatient care
Medication supervision	Involuntary admissions
Therapeutic services	Diagnostic services
Intensive case management & discharge planning	Acute medical services
Coordination with Community Mental Health Centers	Pediatric care

# Delivery System



## Benchmarks

- PATH is a very unique facility, and as such there are no known benchmarks.
- While considered transitional housing, it serves a different patient population than other transitional housing facilities in the state.
- As PATH is providing care that New Hampshire Hospital would have otherwise provided, cost per bed day can serve as a metric to help draw conclusions on return on investment.

Metric	2021 national average for government-owned hospitals	PATH FY22 Actual	PATH FY23 Adjusted Authorized	PATH FY24 Governors Budget	PATH FY25 Governors Budget
Cost per bed day	\$2,742	\$575	\$917	\$697	\$713



Staffing

9400 – New Hampshire Hospital	Governor Recommended Positions	Percent of Total Positions
6096- Philbrook Community Residence	35	100%
Total	35	

- PATH employs 35 full-time positions across 3 shifts, 7 days per week.
- A significant portion of the PATH’s staff are in direct care roles such as Nurses, Mental Health Workers, Mental Health Counselors, and Case Managers.

## Census

- The PATH Center's current capacity is 16 patients
- For the calendar year ending December 2022, the PATH Center had:
  - 21 Admissions
  - 33 Discharges
  - Average Census of 14 patients
- The median length of stay (LOS) was 112 days

## PATH Summary

- PATH has been in existence for about three years, and has become a key destination for patients discharged from NHH.
- PATH has greatly improved the state’s ability to care for patients in the least restrictive environment possible, based on their clinical needs.
- PATH has allowed NHH to care for New Hampshire’s mentally ill population by accepting patients who otherwise may have to stay in the Acute Psychiatric Service facility until a spot opens in another “step-down” facility.

## Key Accomplishments

### Completed

- Website & general e-mail box
- Outreach to Mental Health Centers, NAMI-NH, Office of Public Guardians, Peer Support Centers
- Increased staff training and certification (Trauma, DBT, WRAP, Lean Yellow Belt, Justice of the Peace)
- Admitted clients adjudicated Not Guilty by Reason of Insanity
- Hosted 2 interns
- Improved physical environment
- Partnership with Voc Rehab and STABLE NH

### In Process

- Client experience survey
- Dashboard development
- Annual Report template
- Increasing data collection functionality

## Key Challenges

### Short-term

- Educating stakeholders about PATH to explain clients' eligibility for benefits
- Shortage of affordable housing statewide
- Availability of substance abuse options for aftercare

### Long-term

- Replicating the model in other regions of the state

## Client Testimonials

### Testimonial from Former PATH Client

*I want to begin by thanking you and yours for all the help I have received over the course of the last few months! I will try and address the joys that everyone has brought me.*

- *My counselor has been kind and positive since I first arrived at PATH.*
- *My case manager has been a godsend.*
- *The nursing staff has been helpful and informative.*
- *Your kitchen staff is exceptional. I am a vegetarian and the kitchen staff has been accommodating and patient.*
- *Mental Health Workers always saw to it that I made it to appointments and to the stores when I needed it. They are unsung heroes.*

*May God bless and prosper you in your future endeavors.*



### Testimonial from Former PATH Client

*Thank you so much for all your help. I truly appreciate all the hard work you did to not only get me in the Bridge program, but into a two bedroom apartment. Please tell everyone I miss them!*



## Client Testimonials

### Testimonial from PATH Client's Family Member

*I wanted to take the time to write to you in support of the PATH program. There really aren't words to explain how very difficult and frustrating the past 2 years have been for my family as my son's illness began to present itself. I have been told he was a drug addict or just plain selfish and lazy. Told at the hospital he wasn't sick enough for inpatient and sent to jail instead. He sat in jail for months on end with no treatment. I could go on but you have probably heard these stories before.*

*My main point in writing to you today is to express my extreme gratitude for the staff at NHH and now for the assistance of PATH case managers. I can tell they are both very dedicated to their work and they make things so easy for a very tired and heartsick mom. I am sure you get many negative emails so here is one to simply say, I think this program is fantastic and I thank God every day that we were fortunate enough to find it.*

*I hope that you have a great day, please also give my regards to all of the staff at PATH.*

