

# **NTP Presentation to the**

### New Hampshire Commission to Study the Environmental and Health Effects of Evolving 5G Technology

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# Outline

- About the National Toxicology Program (NTP)
- NTP studies on radio frequency radiation (RFR)
  - Brief background on RFR
  - Summary of findings
  - NTP's exposure system for studying RFR
  - NTP RFR research program
  - Summary of NTP RFR study results
  - Next steps



- An interagency program established in 1978
  - National Institute of Environmental Health Sciences (administrative headquarters)
  - National Institute for Occupational Safety and Health
  - Food and Drug Administration (primarily National Center for Toxicological Research)
- Mission: Evaluate agents of public health concern by developing and applying tools of modern toxicology and molecular biology
- NTP has evaluated more than 2800 environmental substances for potential human health effects
- NTP website: https://ntp.niehs.nih.gov



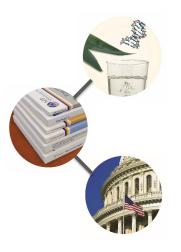






### **Scope of NTP Activities**

- Carry out research and testing activities on agents of public health concern
- Conduct literature-analysis activities to identify cancer and non-cancer human health hazards
- Develop new approaches to better predict how chemicals affect biological responses
- Communicate results broadly to multiple stakeholder groups through technical report series, monographs, journal publications, and NTP website



### **NTP's Portfolio**

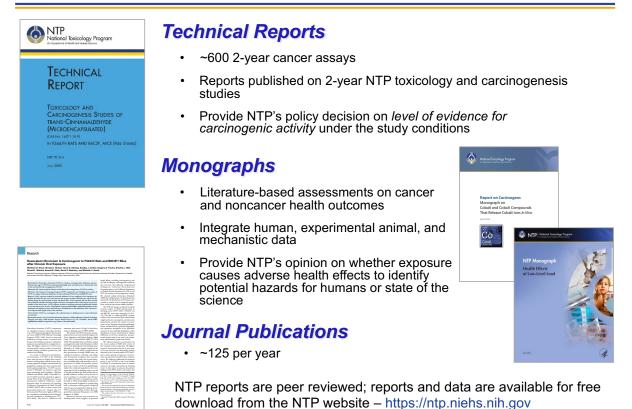


- AIDS therapeutics
- · Botanical dietary supplements
- · Complex occupational exposures
- Green chemistry
- Endocrine active compounds
- Flame retardants
- · Food and drinking water contaminants
- Industrial chemicals
- Mold
- · Nanoscale materials
- · Per- and polyfluorinated alkyl substances
- · Persistent environmental contaminants
- · Personal care products
- Radio frequency radiation
- Sulfolane



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## **NTP Publications**





# NTP Studies on Cell Phone Radio Frequency Radiation (RFR)





# **Brief Background on RFR**

- The U.S. Food and Drug Administration nominated radiofrequency radiation (RFR) of wireless communications devices to NTP for study in 1999
- · Cell phone usage has steadily increased
  - Estimated exposure: 5 billion people worldwide
- Some studies in humans have demonstrated elevated risk of tumors in heavy users of cell phones
- Biological effects have been reported in cell-based tests and in laboratory animal studies
- Animal studies have not consistently demonstrated increased incidences of tumors at any site associated with exposure to cell phone RFR in laboratory animals
- Challenges and logistical issues associated with studying RFR
- Regulatory RFR limit for cellular devices: 1.6 W/kg



- NTP's study on cell phone RFR is the most comprehensive assessment of health effects in rats and mice from exposure to 2G and 3G cell phone RFR
- There was <u>clear evidence</u> that exposure to cell phone RFR caused heart tumors in male rats
- There was <u>some evidence</u> that exposure to cell phone RFR caused tumors in the brain and adrenal gland in male rats

#### <u>4-Level Scale</u>

- Clear evidence (highest)
- Some evidence
- Equivocal evidence
- No evidence (lowest)

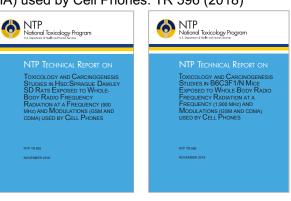
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# **Summary of Findings**

- The final conclusions represent the consensus of NTP and a panel of external scientific experts who peer reviewed the studies at a public meeting on March 26-28, 2018
- · Findings published in NTP Technical Reports
  - NTP Technical Report on the Toxicology and Carcinogenesis Studies in Hsd:Sprague Dawley SD Rats Exposed to Whole-Body Radio Frequency Radiation at a Frequency (900 MHz) and Modulations (GSM and CDMA) used by Cell Phones. TR 595 (2018)
  - NTP Technical Report on the Toxicology and Carcinogenesis Studies in B6C3F1/N Mice Exposed to Whole-Body Radio Frequency Radiation at a Frequency (1,900 MHz) and Modulations (GSM and CDMA) used by Cell Phones. TR 596 (2018)

<u>**Note</u>: These findings should not be directly extrapolated to human cell phone usage**</u>





### **Key Players in Exposure System Development**

- National Institute of Standards and Technology (NIST, Boulder, CO)
  - Suggested <u>reverberation chamber</u> concept of exposure
  - Conducted feasibility studies
  - Conducted independent validation of specific absorption rates (SARs) and chamber RF field strengths and homogeneity prior to initiation of the NTP studies
- IT'IS Foundation (Zurich, Switzerland)
  - Modelled whole-body and organ-specific specific absorption rates (SARs)
  - Built and tested a prototype reverberation chamber based on the technical parameters obtained and optimized in the NIST studies
  - Constructed the reverberation chambers and exposure system



# **Exposure System Development**

- · Reverberation chamber exposure system for animal studies of RFR
  - Large shielded room with RF antenna and two paddles to create a homogeneous electromagnetic environment
  - Field exposure is from all directions, all polarizations
  - Field distributions are well characterized and easily monitored





- Three-phase toxicology and carcinogenicity studies in rats and mice
  - 5-day studies to characterize the effects of exposure on body temperature (10 studies)
  - 28-day toxicology studies
  - 2-year toxicology and carcinogenicity studies
- In all studies, daily exposure to RFR (2G signals) in reverberation chambers for 9 hrs 10 min (18 hr 20 min per day in 10 min on/10 min off cycles)
  - Rats exposed starting *in utero* to 1.5, 3, or 6 W/kg either GSM- or CDMAmodulated signals at 900 MHz
  - Mice exposed starting at 5 weeks of age to 2.5, 5, or 10 W/kg either GSMor CDMA-modulated signals at 1900 MHz



# Summary of NTP RFR Study Results

### **Rat studies**

- <u>Clear evidence</u> of carcinogenicity based on increased incidences of malignant schwannomas (heart tumors)
  - <u>Some evidence</u> of carcinogenicity based on increased incidences of malignant gliomas (**brain tumors**) and pheochromocytomas (**adrenal gland tumors**)
- Greater survival in all groups of exposed males compared to controls

#### 4-Level Scale

- Clear evidence (highest)
- Some evidence
- Equivocal evidence
- No evidence (lowest)



### Rat studies cont.

- Effects observed in pregnant dams and their offspring
  - SAR-dependent decrease in body weights of dams and pups
  - Decreased pup survival at higher exposures tested
- Positive findings for DNA damage in the brain (hippocampus) and equivocal findings in frontal cortex in males



# Summary of NTP RFR Study Results

### **Mice studies**

- <u>Equivocal evidence</u> of carcinogenic activity in male and female mice for both GSM and CMDA modulations
- Positive findings for DNA damage in the brain (frontal cortex) in males and blood cells in females

#### **4-Level Scale**

- Clear evidence (highest)
- Some evidence
- Equivocal evidence
- No evidence (lowest)

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## **NTP RFR Research Program**

### **Publications**

- Exposure system method, validation, and dosimetry were published in *IEEE Transactions on Electromagnetic Compatibility* (2017)
- Pilot study results published in *Bioelectromagnetics* (2018)



# **Next Steps**

### **Goals for investigative studies**

- Further clarify and fill knowledge gaps from the NTP studies on RFR
- Address issues/criticisms raised during the peer review
- Probe potential biological mechanisms for RFR-induced effects
- Further evaluate DNA damage in rats and mice
- Establish biomarkers of exposures to apply to studies of newer and emerging RFR-based communication technologies





### Follow-up investigative studies

- Smaller-scale exposure facility
- 10 animals per group
- Series of multiple short- to medium-term studies
  - Expect to publish first set of data in 2020
- GSM and CDMA, 900 and 1900 MHz
  - Newer technologies (3G and 4G) at appropriate frequencies



# Filling the Knowledge Gaps

- Stress and behavior
- Organ-specific effects
- Exposure factors
- The role of heat
- Conduct more robust and targeted assays for DNA damage
- Evaluate newer technologies (3G, 4G, and potentially 5G)

