

HB 1287 - AS INTRODUCED

2022 SESSION

22-2716
07/05

HOUSE BILL **1287**

AN ACT proclaiming March as Sleep Awareness Month.

SPONSORS: Rep. Yokela, Rock. 33

COMMITTEE: Executive Departments and Administration

ANALYSIS

This bill establishes March as Sleep Awareness Month.

Explanation: Matter added to current law appears in ***bold italics***.
Matter removed from current law appears ~~[in brackets and struckthrough.]~~
Matter which is either (a) all new or (b) repealed and reenacted appears in regular type.

STATE OF NEW HAMPSHIRE

In the Year of Our Lord Two Thousand Twenty Two

AN ACT proclaiming March as Sleep Awareness Month.

Be it Enacted by the Senate and House of Representatives in General Court convened:

1 1 New Section; Sleep Awareness Month. Amend RSA 4 by inserting after section 13-cc the
2 following new section:

3 4:13-dd Sleep Awareness Month. The governor shall annually proclaim March as sleep
4 awareness month and shall urge cities and towns throughout the state to observe this month in an
5 appropriate manner to raise awareness about how the loss of sleep negatively affects productivity,
6 health, and safety including workplace and car accidents. The governor shall send a copy of this
7 proclamation, as well as a call to action for a hearing on any bill addressing the topic of switching to
8 permanent daylight saving time, to the New Hampshire congressional delegation, the United States
9 Senate Committee on Commerce, Science, and Transportation, and the United States House
10 Committee on Energy and Commerce because of the negative impact on the productivity, health, and
11 safety of the citizens of New Hampshire. The governor shall continue sending this proclamation and
12 call to action to the aforementioned groups every year until the federal government allows states to
13 adopt daylight saving time year around.

14 2 Effective Date. This act shall take effect 60 days after its passage.