



10-Year Mental Health Plan

KEY ACCOMPLISHMENTS JANUARY 2019 – JULY 2022

Recommendation 1: Increase Medicaid Rates for Mental Health Services

- Increased Medicaid rates by 3.1% in January 2020 and another 3.1% in January 2021
- Annually, \$5M of Directed Mental Health Payments made since SFY 2019
- Increased the transitional housing/community residence per diem by 88%

Recommendation 2: Action Steps to Address Emergency Department Waits

- Transformed crisis services; integrated mobile crisis available statewide
- Increased Designated Receiving Facility rates and added 34 beds since 2019
- Established 40 new transitional housing beds
- Reallocated capacity at NH Hospital – children’s unit transitioned to Hampstead
- State acquired Hampstead Hospital and established the contract for development of the first ever Psychiatric Residential Treatment Facility in NH
- Amended NH’s substance use disorder Institutions for Mental Disease (IMD) Medicaid waiver to include serious mental illness

Recommendation 3: Renewed & Intensified Efforts to Address Suicide Prevention

- Allocated \$450K of new State funds to support suicide prevention per year since 2020
- Established NH’s first suicide prevention specialist position
- NH Suicide Prevention Council revised the statewide suicide prevention plan
- Established school suicide prevention planning and training standards
- Developed a standardized suicide screening and risk assessment tool for use in emergency departments
- Collaborative 9-8-8 planning and launch

Recommendation 4: Enhanced Regional Delivery of Mental Health Services

- Expanded services for children’s system of care through Senate Bill 14
- Developed a centralized mental health Access Point

Recommendation 5: Community Services and Housing Supports

- Increased Housing Bridge subsidies by over 100 vouchers
- Piloted Integrative, a housing voucher program for individuals with mental illness and criminal records
- Contracted for 60-bed supported housing expansion
- Expanded partnership with NH Housing Finance Authority and secured grant funding from the federal Department of Housing and Urban Development (HUD)
- Launched birth to 5 early childhood enhanced care coordination (EC-ECC)
- Expanded Families and Systems Together (FAST) Forward for children

Recommendation 6: Step-up/Step-down Options

- Launched a Recovery Oriented Step-up/Step-down pilot program (12 beds)
- Expanded the Transitional Residential Enhanced Care Coordination (TR-ECC) program for children
- Launched Critical Time Intervention

Recommendation 7: Integration of Peers and Natural Supports

- Expanded training for peer leadership and workforce
- Expanded youth peer support services
- Increased peers throughout the continuum

Recommendation 8: Establish a Commission to Address Justice Involved Individuals

- Established Governor's Advisory Commission on Mental Illness and the Corrections System.
- Commission partnered with the national Council of State Governments Justice Center on a high utilizer assessment project

Recommendation 9: Community Education

- Launched *I Care NH* and *Onward NH*; suicide prevention and early intervention campaigns

Recommendation 10: Prevention & Early Intervention

- Developed the Early Childhood Prevention and Treatment for Behavioral Health Plan
- Increased availability of First Episode Psychosis teams (from 1-4)

Recommendation 11: Workforce Coordination

- Established the Governor's Statewide Oversight Commission on Mental Health Workforce Development
- Invested \$5M of ARPA Home and Community Based Services (HCBS) funds to support direct care staff at CMHCs
- Developed the Peer Workforce Advancement Plan
- Conducted cross-department training for criminal justice staff
- Expanded the State Loan Repayment Program (SLRP)
- Enhanced workforce training options

Recommendation 12: Quality Improvement & Monitoring/DHHS Capacity

- The DHHS established a Division of Performance Evaluation & Innovation
- Currently contractor will evaluate and advise on crisis system transformation
- Created 4 new staff positions in the Bureau for Children's Behavioral Health

Recommendation 13: Streamlining Administrative Requirements

- Streamlined administrative requirements, annual data enhancement projects, and program reviews
- Informal stakeholder engagement for State rule revisions is underway